



Time to Go Potty, Little Bug!

Little Bug is learning to go potty! Maybe your little bug can learn with him! Sometimes when a child is hesitant to sit on the potty, it is because they don't want to leave something fun they are doing. So, let your child pick out a new stuffed animal, baby doll, fidget toy, or something they like to hold, manipulate, or talk to, that they can bring out only when they are trying to use the potty. A "potty pal" is what you can call this special item. Little girls can hold their pal when going to the bathroom or peeing. For little boys, it will be hard to have the item when they are learning to pee standing up, so whenever they try, let them play with it for a specific amount of time right after (wash hands first!). Then the potty pal goes back into its special box or shelf until they are ready to try going potty again!

